

2021 Menu Plan

Monday, Sept. 20 Breakfast	Tuesday, Sept. 21 Breakfast	Wednesday, Sept. 22 Breakfast	Thursday, Sept. 23 Breakfast	Friday, Sept. 24 Breakfast
	Biscuits/Gravy	Biscuits/Gravy	Biscuits/Gravy	Biscuits/Gravy
	Waffles	French Toast	Pancakes	Waffles
	Cheese Omelets	Scrambled Eggs	Cheese Omelet	Scrambled Eggs
	Chicken Links	Batter Bites	Beef Links	Turkey Bacon
	Hashbrown Triangles	Turkey Patties	Triangles	Tater Tots
	Oatmeal/Cold Cereal	Oatmeal/cold cereal	Grits/Indv. Cereal	Oatmeal/Indv. Cereal
	Fruit Bar	Indv. Fruit cups	Indv. Fruit Salad	Indv. Fruit Salad
	Strawberries/Yogurt	Indv. Yogurt	Indv. Yogurt	Indv. Yogurt
Supper	Supper	Supper	Supper	Supper
Chicken Fajita/tortillas	Spaghetti/sauce	Vege/Beef Lasagna	Salisbury Steak	Pepperoni Pizza/ Cheese Pizza
Season Spanish Rice	Beef Meatballs	Garlic toast	Scalloped Potatoes	Baked Potato Opt.
Black Beans	California Blend	Vegetable Soup	California Blend	Sr Cream/Shred Cheese
Plantain	Buttered Carrots	Normandy Blend	Sweet Peas	Indv. Salad/ Dressing
Yucca Fries	Garlic Bread	Prince Edward Blend	Dinner Rolls	Indv. Wrap Cookies
Let/Tom/Cheese/Salsa	Indv. Salad/Fruit cups	Salad/Fruit Bar	Salad/Fruit Bar	
Sr Crm/Guacamole	Italian Ice	Nutty Buddy Cones	Italian Ice	
Fruit cup/Churros				

Sabbath, Sept. 25 Breakfast	Sunday, Sept. 26 Breakfast	Monday, Sept. 27 Breakfast	Tuesday, Sept. 28 Breakfast	Wed., Sept. 29 Breakfast
Biscuit/Gravy	Biscuit/Gravy	Biscuit/Gravy	Biscuit/gravy	Biscuit/Gravy
French Toast	Pancakes	French Toast	Pancakes	Waffles
Egg Patty	Cheese Omelet	Scrambled Eggs	Cheese Omelet	Scrambled Eggs
Chicken Links	Turkey Patties	Batter Bites	Beef Links	Turkey Bacon
Batter Bites	Triangles	Chicken Links	Triangles	Tater Tots
Grits/Indv. Cereal	Oatmeal/Indv. Cereal	Oatmeal/cold cereal	Grits/Indv. Cereal	Oatmeal/Indv. Cereal
Indv. Fruit Salad	Indv. Fruit Salad	Indv. Fruit cups	Indv. Fruit Salad	Indv. Fruit Salad
Yogurt	Yogurt	Indv. yogurt	Indv. Yogurt	Indv. Yogurt
Supper	Supper	Supper	Supper	
Taco Bar/Taco Beef	Baked Chicken	Beef Burger/Hot Dog/Bun	Chicken Tenders	
Taco Shells/ tortilla	Mashed Potato/ Gravy	Baked Beans	Mac & Cheese	
French Fries	Green Beans	French Fries	Green Beans	
Refried Beans	Buttered Corn	Potato Salad	Corn on the Cob	
Let/Tom/Cheese/ Salsa	Dinner Rolls	Let/Tom/Cheese	Dinner Rolls	
Blk Olv/Sr Cream/ Guac	Indv. Salad/ Fruit Cups	Pickle Onion	Indv. Salad	
Fruit Bar	Indv. Rice Krispie Treats	Indv. Wrap Cookies	Indv. Fruit Cut	
Brownies				